Heathfield High School Special Interest Volleyball

All applicants will be assessed by Volleyball SA and Heathfield High School coaches. Testing will involve students being asked to perform in 3 distinct areas.

**Physical Testing**  
Including power, strength and aerobic

**Hand Eye Coordination**  
Ball Skills – not volleyball related

**Coachability**  
The ability to follow coaches instructions
The ability to think for themselves
The ability to work in a team situation

The assessment will also involve the coaches’ assessment of players and an assessment sheet which will be completed by the student’s teachers at their current school. At the trials students will be expected to be ready to do physical activity and to have fun.

### 2012 APPLICATION FORM

Surname: .................................................................  Given Name: .................................................................

Date of Birth: .......... / .......... / ...........................................  Male/Female

Home Address: .........................................................................................................................................................

Suburb: .................................................................  Post Code: .................................................................

Postal Address: .........................................................................................................................................................

Suburb: .................................................................  Post Code: .................................................................

Current School: .................................................................  Contact Teacher: .................................................................

Previous sporting experience: ...........................................................................................................................................

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Parent Name: ..............................................................................................................................................................

Phone Number: .................................................................(h) .................................................................(w) .................................................................(mob)

Applications due: Monday 16th May 2011

**Selection Trials:**  
**Boys:** Wednesday 25th May 2011  
9am–11.30am

**Girls:** 12–2.30pm

**Location:** Mt Lofty Community Sports Centre  
99 Longwood Road  
Heathfield SA 5153

Return applications to:
Enrolments Officer  
Heathfield High School  
PO Box 96  
Stirling SA 5152  
Fax: 8139 9399